



Hello Everyone 😊

My name is Katy Whitcombe, the Inclusion Lead from Robin Hood Academy, which is part of Robin Hood Multi Academy Trust, and I have a special interest in supporting emotional wellbeing.

We are currently experiencing a time in our lives, which is different from anything which we have experienced before. It is now more than ever that we need to look after our own emotional wellbeing as well as supporting others in our very precious school communities. Over the coming weeks, our Trust's Wellbeing Team will be sourcing and developing our own resources for families and staff to access with the aim of providing support, guidance and care to our school community.

The first step of our Wellbeing work is to launch:



## Robin Hood Rainbows

Rainbows are widely being used across the UK as a symbol of positivity, support and love to all. We would like to ask families and staff to participate in different Positivity Projects which anyone within our MAT community can participate in and beyond.

Each week, we will make a “call to innovate” with a Positivity Project which you and your family can get involved with. Positivity Projects can be sent to:

[robinhoodrainbows@robinhoodmat.co.uk](mailto:robinhoodrainbows@robinhoodmat.co.uk)

Our community's fantastic creations will be celebrated on Twitter and in a weekly reflection video which will be available every Friday from next week, 3<sup>rd</sup> April 2020.

**This week's Positivity Project is:**

Can you create a Rainbow Poster  
with a message of positivity?

It could be that you display this on your window for the  
outside world to enjoy!



We can't wait to see all of your fantastic creations!