



# PSHCE

## Personal, Social, Health and Citizenship Education

### Intent:

At Yenton Primary, we believe that high-quality PSHCE lessons will enable children to build skills, attitudes, self-esteem, resilience and confidence and above all focus on improving mindfulness. The PSHCE curriculum is **inclusive** to enable all children to participate and centers around **resilience**, promoting a positive mindset. The PSHCE curriculum is **experiential** and emphasis is placed on active learning by including the children in discussions, investigations and problem solving activities. We encourage the children to take part in a range of practical activities that promote active citizenship, eg. charity fundraising, the planning of special school events or involvement in an activity to help other individuals or groups less fortunate than themselves. The PSHCE curriculum is **cumulative and progressive**. Each year group follows the same Jigsaw piece at the same time, lessons are tailored to the children's needs and there is a focus on building a positive relationship with the class, getting to know them better as unique human beings. We make sure the PSHCE curriculum is **adaptive** and reflects the ever-changing society in which we live.

The aims of PSHCE at Yenton Primary are:

- To build pupils capacity for learning and strategies to help them succeed
- To equip pupils with the skills they need in order to play an active role as citizens
- To learn to recognise and reduce threats to pupils safety, including radicalisation
- Promote the physical, social and mental health and well-being of pupils.
- Provide age appropriate relationships and sex education (RSE)
- Promote SMSC and British Values

### Implementation:

The PSHCE curriculum is balanced, ensuring all aspects of the National Curriculum are covered through half termly topics and assemblies. It is progressive, building on prior knowledge and learning from the previous year. All lessons have a clear learning intention and teachers will start lessons with a connect us activity and calming session. This allows children to gain awareness of the activity being taught in their minds and focussing their thoughts and emotions to a place of optimum learning capacity. Each lesson encourages children to reflect on their learning experiences and their progress. PSHCE is taught weekly to ensure areas covered can be revisited as and when needed and by having continuous weekly lessons allows opportunities for children to reflect and build on learning.

Our PSHCE units of work cover all aspects of social, emotional and physical well-being as well as learning about citizenship and age appropriate relationships and sex education. Each lesson

allows for individual thought and group discussions and there is a particular emphasis on the PSHCE curriculum being **ethical** with mutual respect between all children and adults within the classroom. By the end of unit one, all classes across the school will have created a Learning Charter which supports the rights and responsibilities of all children.

Impact:

Our PSHCE curriculum is of high quality, well thought out and is planned to demonstrate progression. If children are achieving the curriculum requirements, they are deemed to be making good or better progress. In addition, we measure the impact of our curriculum through the following methods:

- Interviewing the pupils about their learning (pupil voice)
- School Council meetings and issues raised/ discussed
- End of unit display work/collated ideas