



Physical Education (P.E)

Intent:

At Yenton Primary School, we aim to provide a P.E curriculum that is inclusive of all pupils from Reception to Year 6 and allows children to experience a range of sports and activities that help them develop their health, fitness and wellbeing. We intend to offer a high-quality, progressive curriculum that inspires all pupils to succeed and excel in competitive sport and other physically and mentally demanding activities. Our P.E curriculum provides experiences that our children may not experience outside of school through a range of sports being taught, whilst building resilience in all children. We aim to promote values of good sportsmanship, fairness, respect for all and build physical and mental confidence within all our pupils.

At Yenton we aim to:

- Develop competence and confidence to excel in a broad range of physical activities.
- Create an experiential curriculum using purposefully selected resources to provide first-hand experience and sustained physical activity for all pupils.
- Develop a progressive understanding of sports, which will enhance the children's engagement in competitive physical activity, and demonstrate that all success starts with failure.
- Build confidence and happiness within pupils through the development of a healthy active lifestyle.
- Understand that a healthy body supports a healthy mind, and the importance of looking after both of these

Implementation:

We develop physical and emotional skills through a wide range of Physical Education and sporting activities. We deliver two hours of curriculum P.E time per week, in which we provide coverage of the objectives outlined in the National Curriculum. Class teachers deliver P.E in line with the PE Hub scheme. Teachers are encouraged to adapt activities to meet the needs of all children ensuring that key procedural and factual knowledge is embedded throughout. All lessons are progressive as they build upon the prior learning and are differentiated to ensure accessibility for all children. All lessons consist of retrieval (prior knowledge), a warm-up activity, a teacher/child modelled breakdown of the procedural/factual knowledge, opportunities to practise the skill and opportunity to apply knowledge through group or individual activities.

In EYFS, children are provided with opportunities to be active developing their coordination, control and movement. Children have weekly P.E lessons. Procedural knowledge is embedded through our continuous provision with a view to improve gross motor skills. Children are also taught the importance of physical activity and a healthy lifestyle.

In Key Stage 1, we provide a broad range of opportunities to extend pupil's agility, balance and coordination, throwing and catching skills and knowledge of team sports, developing confidence

and resilience in preparation for Key Stage 2. Pupils are able to engage in competitive and cooperative physical activities, in a range of increasingly challenging situations.

In Key Stage 2, pupils continue to apply and develop a broader range of skills. We promote opportunities for children to communicate, collaborate and compete with each other. They develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success. Children are provided with a balanced curriculum with athletics, gymnastics, dance, football, netball, hockey, rounders, outdoor adventurous activities and tennis being a mainstay in all year groups. The children are also provided with opportunities to experience cricket, rounders, basketball and tag rugby at an upper and lower key stage 2 level.

In line with the National Curriculum, all children in Key Stage 2 attend swimming lessons throughout the academic year.

Outside of curriculum P.E time, we provide a breadth of opportunity for children to try different sports or competitions. Children from EYFS to Year 6 are given the opportunity to partake in physical activity at lunchtimes and in after school clubs (Year 1 – Year 6). After school clubs focus on sports and activities providing children with opportunities to access a wider range of sports. During lessons and after school clubs, intra-school competitions are encouraged and these activities are used to prepare children for inter-school competitions. This enhances children's experiences of sport and builds confidence, resilience and sportsmanship in all our children.

Impact

The impact of our P.E curriculum is the shift from knowledge in the short term memory to the long term memory. By the end of each key stage, all pupils are expected to know, apply and understand the procedural/factual knowledge they have gained from each area of our curriculum.

We will measure the impact of our physical activity curriculum through the following:

- ❖ Coaching - monitoring of teaching and learning
- ❖ Observations of the children throughout each unit ensuring procedural knowledge has been achieved and applied
- ❖ Mini-competitions to provide opportunities for the children to show the progressive skills have been applied
- ❖ RAG rating each unit of work