

PATHS® Unit Titles – Reception to Year 6

Reception and Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Unit 1: Fostering Positive Classroom Climate	Unit 1: Establishing a Positive Classroom Environment	Unit 1: Establishing a Positive Classroom Environment and Enhancing Self Esteem	Unit 1: Getting Started and Introduction	Unit 1: Getting Started and Introduction	Unit 1: Getting back into PATHS®
Unit 2: Basic Feelings 1	Unit 2: Introduction to Feelings	Unit 2: Basic Emotions	Unit 2: Feelings and Relationships	Unit 2: Problem Solving	Unit 2: Study and Organisational Skills
Unit 3: Basic feelings 2	Unit 3: Feelings and Behaviours	Unit 3: Improving Self Control, Self Awareness and Anger Management	Unit 3: Making Good Decisions	Unit 3: Goals and Identity	Unit 3: Conflict Resolution
Unit 4: Self Control	Unit 4: Self Control and Anger Management	Unit 4: Using Our Thinking Skills	Unit 4: Being Responsible and Caring for Others	Unit 4: Making and Keeping Friends	Unit 4: Respect
Unit 5: Sharing, Caring and Friendship	Unit 5: Anger Management and Problem Solving	Unit 5: Friendship, Getting Along With Others	Unit 5: Problem Solving	Unit 5: Being responsible and caring for Others	Unit 5: Endings and Transitions
Unit 6: Basic Problem Solving	Unit 6: Friendship and Feeling Lonely	Unit 6: Feelings in Relationships 1			
Unit 7: Intermediate Feelings	Unit 7: Manners and Listening to Others	Unit 7: Getting Along With Others 2			
Unit 8: Advanced Feelings	Unit 8: Feelings/ Emotions/ Behaviours	Unit 8: Feelings and Expectations			
Unit 9: Wrap Up (Endings and Transitions)		Unit 9: Feelings about School			
		Unit 10: Feelings in Relationships 2			
		Unit 11: Endings and Transitions			